

# GLUTEN FREE MENU

CHINESE RESTAURANT

## Appetisers

|  |   |
|--|---|
| Appetiser Combination min. for 2<br>(Seaweed, Salt & Pepper Wings, Spring Rolls, Sesame Prawn Toast & Fried Fun Kuo) | £10.5   |
| Dumpling Combination min. for 2<br>(Seaweed, Har Gow, Sui Mai, Steamed Beef Dumpling & Fried Fun Kuo)                | £10.0   |
| Har Gow (4)<br>(Steamed Prawn Dumpling)  |   |
| Sui Mai (4)<br>(Steamed Prawn & Meat Dumpling)   |   |
| Steamed Beef Dumpling  | <b>Fried Seaweed with Fish Floss</b> £4.50        |
| Deep Fried Woh Tun (4)   |   |
| Paper Wrapped Prawns   | <b>Sesame King Prawn in Lemon sauce (5)</b> £7.50 |
| Peking Style Spare Ribs  |   |
| Salt & Pepper Spare Ribs   |   |
| Spare Ribs in OK Sauce   |   |
| Tangy Creamy Spare Ribs  |   |
| Spare Ribs in Strawberry Sauce   |   |
| Barbecued Spare Ribs   |   |
| Chilli Salt & Pepper Pork Chop<br>(Bone Less)  |   |
| Sesame Prawns Toast  |   |
| <b>Chicken Lettuce Wrap</b>  | <b>£8.50</b>                                      |
| (Contain Nuts)   |   |
| <b>Minced Prawn Lettuce Wrap</b>   | <b>£9.30</b>                                      |
| (Contain Nuts)   |   |
| <b>Minced Scallop Lettuce Wrap</b>   | <b>£9.50</b>                                      |
| (Contain Nuts)   |   |
| Aromatic Crispy Duck<br>(Served with Pancake, Cucumber, Spring Onions & Hoi Sin Sauce)                               | Quarter £13.50<br>Half £19.30<br>Whole £31.20     |

**\*\*\*Please notify "NO SOY SAUCE" while ordering**



## Soup

|  |       |
|--|-------|
| Crab Meat in Sweet Corn Soup                             | £4.60 |
| Chicken in Sweet Corn Soup                               | £4.30 |
| Hot & Sour Soup  | £4.50 |
| Chicken with Bamboo Shoot & Chinese Mushroom Soup        | £4.50 |
| Shredded Duck with Bamboo Shoot & Chinese Mushroom Soup  | £4.80 |
| Minced Scallop with Bamboo Shoot & Chinese Mushroom Soup | £4.80 |
| Minced Beef West Lake Soup                               | £4.60 |
| Minced Scallop West Lake Soup                            | £4.50 |
| <b>***Please notify "NO SOY SAUCE" while ordering</b>    | £4.80 |

## Beef Dishes

|   |       |
|---|-------|
| Sliced Beef with Chinese & Straw Mushrooms            | £9.90 |
| Sliced Beef with Mixed Vegetables                     | £9.90 |
| Sliced Beef in Cashewnuts (Contain Nuts)              | £9.90 |
| Sliced Beef in Pineapple                              | £9.90 |
| Sliced Beef in Sweet Ginger & Pineapple               | £9.90 |
| Sliced Beef in Ginger & Spring Onions                 | £9.90 |
| Sliced Beef with Crushed Garlic & Chilli              | £9.90 |
| Sliced Beef with Chinese Mushroom & Bamboo Shoots     | £9.90 |
| Sliced Beef with Fresh Mushroom in Black Pepper Sauce | £9.90 |
| Sliced Beef in Plum Sauce                             | £9.90 |
| Sliced Beef in Garlic Sauce                           | £9.90 |

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## Seafood Dishes

|   |        |
|---|--------|
|   | 0      |
| Stir Fried Scallop with Fresh Mushrooms in Black Pepper Sauce | £12.80 |
| Stir Fried Scallop with Crushed Garlic & Chilli               | £12.80 |
| Stir Fried Scallop with Ginger & Spring Onions                | £12.80 |
| Stir Fried Mixed Seafood with Cashewnuts (Contain Nuts)       | £11.80 |
| Mixed Seafood with Fresh Mushrooms in Black Pepper Sauce      | £11.80 |
| King Prawn with Cashewnuts (Contain Nuts)                     | £11.50 |
| King Prawn with Crushed Garlic & Chilli                       | £11.50 |
| King Prawn with Ginger & Spring Onions                        | £11.50 |
| King Prawn with Fresh Mushrooms in Black Pepper Sauce         | £11.50 |
| King Prawn Kiwi With Champagne Sauce (Special)                | £12.30 |
| Deep Fried Creamy Butter King Prawn                           | £11.50 |
| King Prawn in Tangy Creamy Sauce                              | £11.50 |

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Sliced Fish Fillet with Sweet Corn

£11.30

Chilli Salt & Pepper Squid

£11.30

Steamed Sea Bass with Ginger & Spring Onion

£15.00

### Lamb Dishes

Sliced Lamb Fillets with Ginger & Spring Onions

£11.30

Sliced Lamb Fillets with Cashewnuts (Contain Nuts)

£11.30

Sliced Lamb Fillets with Fresh Mushroom in Black Pepper Sauce

£11.30

Sliced Lamb Fillets with Crushed Garlic & Chilli

£11.30

Sliced Lamb Fillets with Garlic Sauce

£11.30

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## Chicken Dishes

|  |       |
|--|-------|
| Sliced Chicken with Chinese & Straw Mushrooms            | £9.90 |
| Sliced Chicken with Mixed Vegetables                     | £9.90 |
| Sliced Chicken in Cashewnuts (Contain Nuts)              | £9.90 |
| Sliced Chicken with Pineapple                            | £9.90 |
| Sliced Chicken with Sweet Ginger & Pineapple             | £9.90 |
| Sliced Chicken in Orange Sauce                           | £9.90 |
| Sliced Chicken in Lemon Sauce                            | £9.90 |
| Sliced Chicken with Crushed Garlic & Chilli              | £9.90 |
| Sliced Chicken with Ginger & Spring Onions               | £9.90 |
| Sliced Chicken with Chinese Mushroom & Bamboo Shoot      | £9.90 |
| Sliced Chicken with Fresh Mushroom in Black Pepper Sauce | £9.90 |
| Sliced Chicken in Plum Sauce                             | £9.90 |
| Sliced Chicken in Garlic Sauce                           | £9.90 |
| Sliced Chicken in Tangy Creamy Sauce                     | £9.90 |

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## Bird Nest Dishes

|  |        |
|--|--------|
| Bird Nest King Prawn Cashewnuts                      | £12.30 |
| Bird Nest Scallops and Fresh Asparagus with XO Sauce | £13.30 |
| Bird Nest with Chicken Sweet Ginger & Pineapple      | £10.80 |
| Bird Nest with Beef Spring Onions & Black bean Sauce | £10.80 |
| Bird Nest with Lamb Fillet Singapore Style (Spicy)   | £11.30 |
| Bird Nest with Pork Satay Sauce (Contain Nuts)       | £10.80 |



## Pork Dishes

|   |       |
|---|-------|
| Sliced Pork with Chinese & Straw Mushrooms            | £9.90 |
| Sliced Pork with Cashewnuts ( <i>Contain Nuts</i> )   | £9.90 |
| Sliced Pork in Mixed Vegetables                       | £9.90 |
| Sliced Pork in Pineapple                              | £9.90 |
| Sliced Pork in Sweet Ginger & Pineapple               | £9.90 |
| Sliced Pork in Ginger Spring Onions                   | £9.90 |
| Sliced Pork with Fresh Mushroom in Black Pepper Sauce | £9.90 |
| Sliced Pork with Crushed Garlic & Chilli              | £9.90 |
| Sliced Pork in Plum Sauce                             | £9.90 |

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## Curry Sauce Dishes

Special with Curry Sauce  
King Prawns with Curry Sauce  
Scallop with Curry Sauce  
Lamb with Curry Sauce  
Chicken with Curry Sauce  
Beef with Curry Sauce  
Pork with Curry Sauce  
Shrimp with Curry Sauce



## Duck Dishes

Pak Fa Roast Duck in Egg White Sauce (Minced Prawn)

Roast Duck - Singapore Style (Spicy)

Roast Duck in Green Pepper & Black Bean Sauce

Roast Duck in Oyster Sauce

Roast Duck in Chinese & Straw Mushrooms

Roast Duck in Mixed Vegetables

Roast Duck Szechwan

Roast Duck in Cashewnuts (Contain Nuts)

Roast Duck with Seasonal Vegetables in XO Sauce

Roast Duck with Fresh Asparagus in XO Sauce

Roast Duck with Spring Onion & Black Bean Sauce

Roast Duck in Satay Sauce (Contain Nuts)

Roast Duck with Pineapple

Roast Duck with Sweet Ginger & Pineapple

Roast Duck with Lemon Sauce

Roast Duck with Orange Sauce

Roast Duck with Crushed Garlic & Chili

Roast Duck in Kung Po Sauce (Contain Nuts)

Roast Duck - Thai Style (Spicy)

Roast Duck with Fresh Mushroom in Black Pepper Sauce

Roast Duck in Plum Sauce

Special Wine Duck (Special)

## Foo Young Dishes

Scallop Foo Young £11.80

Special Foo Young (\*\*\* Please notify us No roast pork\*\*\*) £10.80

King Prawn Foo Young £11.50

Roast Duck Foo Young £11.30

Chicken Foo Young £9.90

Beef Foo Young £9.90

Pork Foo Young £9.90

Shrimp Foo Young £10.30

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## Sizzling Fillet Steak Dishes

|  |        |
|--|--------|
| Sizzling Fillet Steak with Fresh Mushrooms in Black Pepper Sauce | £14.80 |
| Sizzling Fillet Steak with Ginger & Spring Onions                | £14.80 |
| Sizzling Fillet Steak with Crushed Garlic & Chilli               | £14.80 |
| Sizzling Fillet Steak in Strawberry Sauce                        | £14.80 |
| Chilli, Salt & Pepper Fillet Steak (Not on Sizzling Platter)     | £14.50 |

## Sweet Sour Dishes

|   |        |
|---|--------|
| Sweet & Sour Special ( <u>***please notify us (NO roast pork)</u> ) | £10.80 |
| Sweet & Sour King Prawns  | £11.50 |
| Sweet & Sour Chicken  | £9.90  |
| Sweet & Sour Pork   | £9.90  |
| Sweet & Sour Fish   | £10.80 |

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## Chow Main Dishes

Special Chow Mein  
King Prawn Chow Mein  
Roast Duck Chow Mein  
Squid Chow Mein  
Sliced Chicken Chow Mein  
Sliced Beef Chow Mein  
Sliced Pork Chow Mein  
Char Sui Chow Mein  
Singapore Vermicelli (Spicy)



## Fried Rice

|  |        |
|--|--------|
| Special Fried Rice ( <u>***please notify us (NO roast pork)</u> )    | £10.50 |
| King Prawn Fried Rice  | £10.80 |
| Scallop Fried Rice   | £10.80 |
| Chicken Fried Rice   | £9.50  |
| Shredded Beef Fried Rice   | £9.50  |
| Yeung Chow Fried Rice ( <u>***please notify us (NO roast pork)</u> ) | £9.80  |
| Chicken with Pineapple Fried Rice                                    | £9.50  |

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## Side Orders

|  |       |
|--|-------|
| Stir Fried Bean sprout   | £5.30 |
| Mushroom & Onions  | £5.30 |
| Boiled Rice  | £3.50 |
| Fries (Chips)  | £3.50 |
| Egg Fried Rice   | £4.00 |
| Sweet & Sour Sauce   | £3.50 |
| Peking Sauce   | £3.50 |
| Black Pepper Sauce   | £3.50 |
| Prawn Cracker (contains tapioca flour, please choose cautiously) | £3.00 |

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## Desserts

Banana Fritter  
Pineapple Fritter  
Ice Cream With Wafer

Please refer to Dessert Menu for More Choice



# Vegetarian Menu

## Vegetarian Starter

|   |       |                               |       |
|---|-------|-------------------------------|-------|
| Vegetarian Spring Rolls   | £4.00 | Vegetable Lettuce Wrap        | £7.50 |
| Vegetarian Combination<br>(Seaweeds, Spring Rolls,<br>Salt & Pepper Tofu (Bean curd)) | £5.20 | Sweet Corn Soup               |       |
| Vietnamese Mock Chicken   | £5.50 | Vegetarian Hot & Sour Soup    |       |
| Mushroom Skewer in<br>Satay Sauce (4) (Contain Nuts)                                  | £5.30 | Tofu Sweet Corn Soup          |       |
| Salt & Pepper Tofu  | £5.50 | Chinese & Straw Mushroom Soup |       |
|   |       | Mixed Vegetable and Tofu Soup |       |
|   |       | Asparagus Sweet Corn Soup     |       |

## Vegetarian Main Course

**Sweet & Sour Mixed Vegetables** £7.80

Chinese & Straw Mushrooms in Oyster Sauce

Fresh Mushroom with Curry Sauce

Chinese Mushroom with Seasonal Vegetables

**Fresh Mushroom with Fresh Broccoli** £7.80

**Sraw Mushroom Fresh Asparagus** £8.50

Monks Food with Tofu

Tofu With Mixed Vegetables In Oyster Sauce

Tofu With Black Bean Sauce

Tofu With Curry Sauce

Braised Aubergine with Black Bean Sauce

Braised Aubergine with Szechwan Sauce (Spicy)

Braised Aubergine with Tofu

Mock Chicken with Orange Sauce

Mock Chicken in Sweet & Sour Sauce

Sweet & Sour Fried Tofu

Mock Pork in Cantonese Sauce

Braised Aubergine with Mock Pork

Vegetarian Singapore Vermicelli (Spicy)

Mixed Vegetables Chow Mein

Vegetarian Fried Rice

Fried Baby Sweet Corn in Sweet & Sour Sauce

Fried Baby Sweet Corn in Oh Sauce

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